



13

*Affirmations For  
Becoming  
A Published Author*



A journal to empower and guide  
your writing process.

MICHAEL BART MATHEWS

# The Power of Affirmations for Aspiring Authors

Affirmations are powerful tools that can transform your mindset and fuel your creative journey. For aspiring authors, self-doubt and fear of rejection can often stifle the writing process. Our 13 Affirmations were inspired by Napoleon Hill's 13 Principles of Success.

These Affirmations will help to quiet your inner fears by reinforcing positive beliefs about your abilities and potential. They serve as daily reminders of your talent, dedication, and unique voice, empowering you to keep moving forward, even when challenges arise.



**MICHAEL BART MATHEWS** **YOUR MANUSCRIPT COACH**  
*Let's get started*

01

**“I am a talented author,** and my voice deserves to be heard.”

02

“With each page I write, **I am one step closer to becoming a published author.**”

03

**“I believe in my story!** It will help and serve to uplift others.”

## Exercise:

Write down three affirmations tailored to your personal aspirations or challenges. Repeat them every morning for a week.



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04

“Every challenge I face is an opportunity for **growth and success in my publishing journey.**”

05

“**My creativity and dedication to storytelling** are my burning desires.”

06

“**I am confident in my ability to create a book** that will inspire and impact readers worldwide.”

## Exercise:

Write down three affirmations tailored to your personal aspirations or challenges. Repeat them every morning for a week.



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07

“I will persist until I succeed by turning my publishing dreams into reality. **Winners Never Quit, Quitters Never Win!**”

08

“I embrace the process of becoming a **published** author with enthusiasm and perseverance.”

09

“My unique story and perspective are valuable. **My mission is to share my story with the world.**”

**Exercise:**

Write down three affirmations tailored to your personal aspirations or challenges. Repeat them every morning for a week.



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10

**“I am worthy of success and recognition as a published author, and I must walk the walk to make it.”**

11

**“Each day, I am progressing toward becoming a published author by developing my manuscript.”**

12

**“I am proud of my manuscript and grateful for believing I can do it.”**

13

**“Developing a positive mental attitude is my partner in turning my manuscript into a powerful, published book.”**

**Exercise:**

Write down three affirmations tailored to your personal aspirations or challenges. Repeat them every morning for a week.

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# Daily AFFIRMATION



S M T W T F S

## DAILY POSITIVE AFFIRMATION

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## I'M GRATEFUL FOR

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## TOP GOALS

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## TODAY'S MANIFESTATION

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## NOTES

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# AFFIRMATIONS CHECKLIST

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## SELF-REFLECTION: Identifying Your Current Mindset

Reflection is the first step in understanding where you currently stand. Here are a series of questions aimed at helping you identify your mindset:

- 1 How do I react when I face a challenge in my personal or professional life? Do I tackle it head-on or shy away?

- 2 Do I appreciate feedback and criticism, viewing them as chances to improve? Or do I become defensive and disheartened?

- 3 What are my beliefs about my abilities? Do I believe I can grow and change, or am I stuck with what I have?



# *WILL YOU BE OUR NEXT SUCCESS STORY?*

Let Us Empower You To Get Your Book Out Of Your Head  
So It Can Be Published and Read  
We Create Books Publishing

**MICHAEL BART MATHEWS  
ROBBIE S MATHEWS**



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